

ATLANTA JUNIOR ROWING ASSOCIATION



The Current

SUMMER 2008

GO TO WWW.AJRACREW.COM FOR NEWS, UPDATES AND CALENDAR

Registration is NOW!

Online registration is now for all teams. The Registration Open House will be held on Sunday, August 10th, and practices begin the first week of school.

This season we expect to receive ALL completed forms at the registration open house on August 10th, INCLUDING the form signed by the rower's physician verifying fitness to participate. Rowers may not begin practice until all forms are received.

We will have all forms from the Spring that are still within the 12-month window of applicability; we will post a list of all Spring 08 rowers and their fitness form status and expiration date on the website. The password will be "doctor." If a rower needs a physical, parents should make an appointment now so rowers will be able to participate at practice from the first day.

Attention Coxswains!

Coxswains can still sign up for the Coxswain Summer Seminar July 28 – 31. Get ready for a great Fall season by getting some great information and practice before the season begins! The session meet 6 – 8:30 pm. Go to the AJRA website and sign up online!

Olympics Almost Here!
Don't forget to keep up with Olympic rowing in Beijing. The website is <http://en.beijing2008.cn/cpt/venues/venues/src/index.shtml>. The most exciting finals will be held on Sunday, August 17th!

What Do the Fees Pay For?

Fees increased this season over last season due to the fact we have experienced significant increases in the costs of diesel fuel, hotels, and food. The dues were adjusted (about 5%) to cover the increase. The \$975 fee for the Fall '08 season covers three main areas of expenses: 1) Regatta costs (44%), 2) Equipment/Facilities (37%), and 3) Coaches salaries/training (19%). Regatta costs breakout as: Rower and coach transportation via charter buses to regattas (46%), Hotel costs for rowers/coaches (25%), Boat transportation to regattas, food, and registration fees (29%). The category of "Equipment/Facilities" includes: all maintenance and repair on AJRA equipment, the boathouse, and the dock; insurance; debt service on boats; and capital to buy new equipment.

New Board ~ New Contact Info

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The phones are cell numbers, which tend to be the most useful at regattas.

Great Time In Cincinnati

The Varsity Mens 8+ and the Varsity Womens 8+ put forth their best performances ever at the Nationals held in Cincinnati last month. Both teams are eager to put to use the energy they received from hanging with such tough competition. To make the event even more memorable, this travel team survived the 17-year cicada infestation. **What a trip!**



ROW FOR THE CURE – 2008

- What: Atlanta Area Row for the Cure
When : September 20, 2008 ALL DAY – each rower will row for 1 hour, the boat will be on the water for 12 hours.
Where: Azalea Park, Roswell/ARC dock
Why: To raise money for Susan G. Komen for the Cure
Who: YOU!!! Along with ARC, GSU, GT, and SA

AJRA will man an 8+ which will be rowed from 7:00 AM until 7:00 PM with teams hot-seating every hour. Rowers will solicit donations from friends, family and local businesses. Volunteers will feed the rowers throughout the day.

We need a volunteer to coordinate this event, plus other parents and rowers to help out during the day. A sign up sheet will be at the Registration Open House on August 10th. Those interested in coordinating the event should contact us as soon as possible so we get a great start.

If you know of local businesses that would be interested in donating items for incentive prizes for top earners and most dedicated rowers, please contact Melody Cookson at cruisedirector@bellsouth.net

More information on the Row for the Cure nationwide can be found at <http://www.rowforthe cure.com>

Row for a Great Cause!

Row for a Cure!

GO AJRA!

We hope this publication will be informative and helpful. If coaches or volunteers have announcements, please forward to lorinol@bellsouth.net