



Atlanta Junior Rowing Association

“Learn to Row” Summer Camp

(Ages 12-18, coed. NO EXPERIENCE NECESSARY)

Want to try a new sport? Want to get in shape and have fun in a team-based environment? Atlanta Junior Rowing Association will be offering four 2-week “Learn to Row” camps this summer. During each 2-week camp, participants will learn the fundamentals of rowing from a USRowing certified coach. Each camper will be introduced to the sport and its equipment, begin a basic workout program, understand terminology and safety of moving the boat on and off the water. They will participate in rowing both four and eight man shells on the Chattahoochee River. Ages 12-18, coed. Choose morning or evening session. Held at Roswell River Landing, Boathouse, 245 Azalea Drive. For more information about AJRA or rowing in general, visit our website at www.ajracrew.com. For each camp, participants should wear a T-shirt, athletic shorts, socks, and shoes and should bring a water bottle.

Session 1

(Choose either morning or early evening session)

Mon. – Thurs. 6/2 – 6/5 & 6/9 – 6/12, 8:30 – 11:00am

Mon. – Thurs. 6/2 – 6/5 & 6/9 – 6/12, 6:00 – 8:30pm

Session 2

(Choose either morning or early evening session)

Mon. – Thurs. 6/16 – 6/19 & 6/23 – 6/26, 8:30 – 11:00am

Mon. – Thurs. 6/16 – 6/19 & 6/23 – 6/26, 6:00 – 8:30pm

Session 3

(Choose either morning or early evening session)

Mon. – Thurs. 7/7 – 7/10 & 7/14-7/17, 8:30 – 11:00am

Mon. – Thurs. 7/7 – 7/10 & 7/14-7/17, 6:00 – 8:30pm

Session 4

(Choose either morning or early evening session)

Mon. – Thurs. 7/21 – 7/24 & 7/28 – 7/31, 8:30 – 11:00am

Mon. – Thurs. 7/21 – 7/24 & 7/28 – 7/31, 6:00 – 8:30pm

Camp registration Fees: \$150 for one session, \$275 for any two sessions, \$400 for three sessions, \$450 for four sessions.

Register Online at www.ajracrew.com

Or email: info@ajracrew.com

Or contact Jean Veeneman @ 404-218-5802